

FROM AFRICA/Ghana**Breaking through culture**

by Lydia Sasu, Project Co-ordinator of the Food for Hunger Campaign, Ghana

In Ghana, while the men go fishing, their wives and daughters are the ones who process and market fish. Women also take up other income-generating activities like petty trading, preparation of oil, etc. to clothe, educate and feed the family. They work hard through the day.

Traditionally, men would never assist in smoking the fish and would spend their time mending their nets or resting after their fishing expeditions. Of late, however, the young men have been educated to break through this culture. They are entering into fish processing, marketing and distribution of processed fish to assist their wives and the family. This has come as a big relief to the women. At times, when the fish is landed land in the morning and the wife is away selling fish in the market, some men start the fish processing activity until the wife joins them later. These are positive signs of change.